

Elections 2022: Federal Races

Updated: November 7, 2022

Republicans are widely expected to retake the House of Representatives in the 2022 midterms, while the Senate remains a toss-up. If Republicans secure a majority in the House, Ranking Member Virginia Foxx (NC-05) is expected to chair the House Committee on Education & Labor. Due to term limit rules, however, she'll need a waiver — one that House Republican Leader Kevin McCarthy (CA-23), who's slated to become Speaker of the House in January if Republicans win a majority, reportedly may not grant. If Rep. McCarthy denies her the waiver, it's possible Rep. Jim Banks (IN-03) or Rep. Tim Walberg (MI-07) could be the next chair.

On the Senate side, with HELP ranking member Richard Burr (R-NC) retiring, Sen. Rand Paul (R-KY), the next highest-ranking Republican, is expected to assume the Committee's key leadership role if Republicans retake the chamber. However, Paul also stands next in line to lead the Senate's Homeland Security Committee, and some speculate he may choose that committee over HELP. If that were the case, Sen. Bill Cassidy (R-LA), a physician and the next most-senior member, is expected to be next in line to chair the committee. Meanwhile, even if HELP committee chair Sen. Patty Murray (D-WA) emerges victorious from a tight race, she's reportedly moving to the Senate Appropriations Committee. Sen. Bernie Sanders (I-VT) is expected to assume the Democratic leadership position in her place.

House Committee on Education and Labor

- + All 53 members of the House Committee on Education and Labor are up for reelection
 - o 29 members are Democrats:
 - 2 members' seats are open
 - 7 members are at risk
 - 20 are considered safe, with 3 of those 20 running unopposed by any major party opponent
 - o 24 members are Republicans:
 - 4 members' seats are open
 - 4 members are at risk
 - 16 are considered safe, with 1 of those 16 running unopposed by any major party opponent

Senate Committee on Health, Education, Labor and Pensions

- + 7 of the 22 members of the Senate HELP Committee are up for reelection
 - o 10 members are Democrats and one is an Independent who caucuses with Democrats; 2 Democrats are up for reelection:
 - 2 Democrats are considered at risk
 - o 11 members are Republicans, 5 of whom are up for reelection:
 - 1 Republican's seat is open
 - 4 Republicans are considered safe

House Committee on Education and Labor

Open Seats:

- + 6 current members are not on the 2022 midterm ballot (due to choosing not to run for reelection or losing primaries)
 - 2 Democrats:
 - Andy Levin (MI-09)
 - Mondaire Jones (NY-17)
 - 4 Republicans:
 - Madison Cawthorn (NC-11)
 - Joe Sempolinski (NY-23)
 - Chris Jacobs (NY-27)
 - Fred Keller (PA-12)

Seats at Risk:

- + There are 7 Democratic members at risk:
 - **High Risk:** 3 members are in districts rated Democrat “Toss-Ups” according to Cook Political Report:
 - Jahana Hayes (CT-05) - D+3
 - Frank J. Mrvan (IN-01) - D+3
 - Susan Wild (PA-7) - R+2
 - **Medium Risk:** 1 member is in a district rated “Lean Democrat” according to Cook Political Report:
 - Mary Sattler Peltola (AK-AL) - R+8
 - **Low Risk:** 3 members are in districts rated Likely Democrat according to Cook Political Report:
 - Joe Courtney (CT-02) - D+3
 - Kathy E. Manning (NC-06) - D+4
 - Teresa Leger Fernandez (NM-03) - D+4
- + There are 4 Republican members at risk:
 - **High Risk:** There are no members in districts rated Republican Toss-Ups by Cook Political Report
 - **Medium Risk:** 2 members are in districts rated Lean Republican according to Cook Political Report:
 - Michelle Steel (CA-45) - D+2
 - Mariannette Miller-Meeks (IA-2; Running in IA-1) - R+3
 - **Low Risk:** 2 members are in districts rated Likely Republican according to Cook Political Report:
 - Lisa C. McClain (MI-10; Running in MI-9) - R+3
 - Brad Finstad (MN-01) - R+7

Seats Considered Safe:

- + There are 20 Democratic members in seats considered safe:
 - **Very Safe:** 3 Democratic members are in districts without any major party opposition:
 - Chairman Gregorio Kilili Camacho Sablan (Northern Mariana Islands-AL) - running unopposed
 - Chairman Mark DeSaulnier (CA-11; Running in CA-10) - D+18
 - Adriano Espaillat (NY-13) - D+38
 - **Safe:** 17 Democratic members are in districts rated Solid Democrat according to Cook Political Report::
 - Raúl M. Grijalva (AZ-03; Running in AZ-07) - D+14
 - Mark Takano (CA-41; Running in CA-39) - D+12
 - Sheila Cherfilus-McCormick (FL-20) - D+25
 - Chairwoman Frederica S. Wilson (FL-24) - D+25
 - Lucy McBath (GA-06; Running in GA-07) - D+10
 - Kweisi Mfume (MD-07) - D+30
 - Haley M. Stevens (MI-11) - D+7
 - Ilhan Omar (MN-05) - D+30
 - Chair Alma S. Adams (NC-12) - D+13
 - Donald Norcross (NJ-01) - D+10
 - Mikie Sherrill (NJ-11) - D+6
 - Vice Chair Jamaal Bowman (NY-16) - D+20
 - The Honorable Chair Suzanne Bonamici (OR-01) - D+18
 - Joaquin Castro (TX-20) - D+15
 - The Honorable Chairman Robert C. "Bobby" Scott (VA-03) - D+17
 - Pramila Jayapal (WA-07) - D+36
 - Mark Pocan (WI-02) - D+19
- + There are 16 Republican members in seats considered safe:
 - **Very Safe:** 1 Republican member is in a district without any major party opposition:
 - Glenn Grothman (WI-06) - R+10
 - **Safe:** 15 Republican members are in districts rated Solid Republican according to Cook Political Report::
 - Rick W. Allen (GA-12) - R+8
 - Russ Fulcher (ID-01) - R+22
 - Mary E. Miller (IL-15) - R+22
 - Jim Banks (IN-03) - R+18
 - Victoria Spartz (IN-05) - R+11
 - James Comer (KY-01) - R+24
 - Tim Walberg (MI-07) - R+15
 - Ranking Member Virginia Foxx (NC-05) - R+13

- Elise M. Stefanik (NY-21) - R+9
- Glenn Thompson (PA-15) - R+21
- Joe Wilson (SC-02) - R+8
- Diana Harshbarger (TN-01) - R+30
- Burgess Owens (UT-04) - R+16
- Bob Good (VA-05) - R+7
- Scott Fitzgerald (WI-05) - R+14

Senate HELP Committee

Open Seats:

- + Ranking Member Richard Burr (R-NC) is retiring

Seats at Risk:

- + **Medium Risk:** Maggie Hassan (D-NH)'s race is rated Lean Democrat according to Cook Political Report
- + **Low Risk:** Chair Patty Murray (D-WA)'s race is rated Likely Democrat according to Cook Political Report

Seats Considered Safe:

- + Four Republicans are in seats rated Solid Republican according to Cook Political Report:
 - Lisa Murkowski (R-AK)
 - Jerry Moran (R-KS)
 - Rand Paul (R-KY)
 - Tim Scott (R-SC)